Name & Surname: _____

Seeds and Bulbs Grow

Watch roots grow down and shoots grow up!

About 30 minutes Level ★★★☆☆

Grown-ups Read This

Seeds and **bulbs** both hold food to start growing. First **roots** grow down. Then a **shoot** grows up.



Circle the right word in each line.

1. Roots grow (**down** / **up**).

2. A shoot grows (**up** / **down**).

3. An onion is a (**bulb** / **seed**).

4. A pea is a (**bulb** / **seed**).

Grown-up tip

Look at real peas and onions together.

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Watch It Grow!

Key words

seed: tiny part that grows

roots: parts that grow down

bulb: round part with food

shoot: green bit that grows up

Tick each day you water and look.

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Total
Water the plant								
See a shoot								
See leaves								

Which day looked best, and why?

.....

.....

Grown-up tip

Check a plant together each day.

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Make a Sentence!

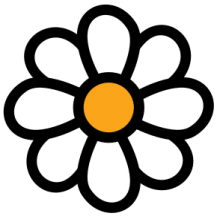
Circle one of each colour to make a sentence.



Who?	What doing?	What?	Where?
◯ the roots	◯ grow	◯ down	◯ in the soil
◯ the shoot	◯ drink	◯ up	◯ in the sky

Draw it

Who?	What doing?	What?	Where?
◯ the shoot	◯ grows	◯ up	◯ through the soil
◯ the roots	◯ sleeps	◯ down	◯ under the bed



Who?	What doing?	What?	Where?
◯ the plant	◯ grows	◯ tall	◯ in the light
◯ the seed	◯ sleeps	◯ tiny	◯ in the box

Grown-up tip
Act out down for roots and up for shoots.

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Match the Words!

Draw a line to the right meaning.

Example done for you

1. seed
2. bulb
3. roots
4. shoot

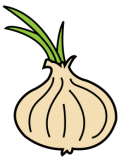
- ( ) grows up green
- ( ) grow down in soil
- (1) tiny part that grows
- ( ) round food store

Grown-up tip
Point and say each word together.

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Find Plants Outside!

Tick each plant thing you find.



a round bulb

☐ Found it!



some tiny seeds

☐ Found it!

some brown soil

☐ Found it!



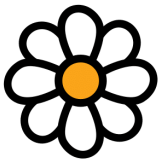
water for plants

☐ Found it!



a green leaf

☐ Found it!



a flower

☐ Found it!

How did I do?

Circle a face for each line.

I can sort seeds and bulbs. ☹ 😐 ☺

I can say roots grow down and shoots grow up. ☹ 😐 ☺

I can describe a grown plant. ☹ 😐 ☺

Grown-up tip

Hunt in the garden or park together.

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Answer sheet: Seeds and Bulbs Grow

Task A

1. down
2. up
3. bulb
4. seed

Task B

Answers will vary.

Task C

1. The roots grow down in the soil.
2. The shoot grows up through the soil.
3. The plant grows tall in the light.

Task D

1. seed → tiny part that grows
2. bulb → round food store
3. roots → grow down in soil
4. shoot → grows up green

Task E

Answers will vary.

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